



Developing A Better Understanding



RECOVERY IS BEAUTIFUL: LOCALLY MANAGING SYSTEMS OF CARE

The Ohio Association of County Behavioral Health Authorities' *Recovery is Beautiful BluePrint*, lays out a plan that states Ohio's mental health and addiction services system shall emphasize a Recovery-Oriented System of Care that capitalizes on community strengths. To this end, Ohio's Alcohol, Drug Addiction, and Mental Health (ADAMH) Boards ensure that individuals and families affected by mental illness and/or addiction have access to a high-quality Recovery-Oriented System of Care. To affect this plan Boards create and lead strong community partnerships that continue to direct and advance efforts to ensure that Ohio's local communities are healthy, safe, and drug-free, while assuring accountability and effectiveness in client care.

Ohio's Recovery-Oriented System of Care will be responsible for coordinating multiple systems, services, and supports that are person-centered and designed to readily adjust to meet the individual's needs and chosen pathway to recovery. The foundation of Ohio's Recovery-Oriented System of Care will be locally managed continuums of care designed to treat and sustain long-term recovery for individuals and families impacted by substance use disorders and mental illness.

This *Recovery is Beautiful BluePrint* sets out a Recovery-Oriented System of Care framework in which Boards are the "hub" for their local communities that coordinate across systems to ensure that local entities are prepared to identify and address local emerging and standing issues impacted by mental illness and/or addiction. Local communities will do this by offering community-based mental health and addiction prevention and wellness services, crisis care and acute care treatment services, as well as an array of recovery supports that are person-centered and designed to meet the needs of individuals working toward or in recovery.

Recovery is Beautiful Principle: Locally Managing Systems of Care

Healthcare is delivered locally, and individuals and communities are best served when the healthcare system is designed and managed locally. Innovation driven at the community level will lead to the implementation of improved mental health and addiction service delivery solutions. By planning for, designing, managing, and advocating for adequate financing, Boards, working with their local partners, are able to determine what works best in their communities. This type of planning and coordinating requires a systems approach and effective collaboration among local stakeholders, including schools, law enforcement, child welfare, the courts, human services, healthcare, businesses, and employment services.

The *Recovery is Beautiful BluePrint* goal for the principle of Locally Managing Systems of care is as follows: Working with their local partners, ADAMH Boards shall plan for and manage a local system that provides individuals with access to a holistic model of care and wellness that integrates physical and mental health and addiction services with the social and emotional supports necessary to achieve and maintain recovery.

“Services and supports will be provided in an integrated and coordinated fashion within the context of a locally-managed system of care developed in collaboration with the surrounding community --- thereby ensuring continuity of care both over time (e.g., across episodes) and across agency boundaries, and maximizing the person's opportunities for establishing, or reestablishing, a safe, dignified, and meaningful life in the communities of his or her choice.”

~ An Integrated Model of Recovery-Oriented Behavioral Health Care - City of Philadelphia

Ohio's Recovery-Oriented System of Care



Tenets for Locally Managing Systems of Care

- ◇ Locally managing systems of care is a foundational component of Recovery-Oriented Systems of Care. To most effectively respond to the needs of a community, you must be part of the community. Recovery-Oriented Systems of Care embrace this tenet by recognizing that local clients, families, stakeholders, leaders, and funders must all come together to identify and respond to the needs of the community in an effective, efficient, and recovery-oriented manner.
- ◇ As a coordinated network of community-based services and supports that are person-centered, building on the strengths of individuals, families, and communities, Recovery-Oriented Systems of Care are rooted in the community. Community engagement and participation are critical aspects of any Recovery-Oriented Systems of Care. All of the partners, within and across systems, need to be at the table to ensure that as changes are made, they are made across all areas of the community so that all service systems are working together to ensure that the entire system of care is focused on helping individuals and families achieve recovery.
- ◇ By being anchored in the community, Recovery-Oriented Systems of Care are fully integrated in the community for the purpose of enhancing the availability of support capacities of families, intimate social networks, community-based institutions, and other people in recovery. Leveraging all of these social and community resources helps to promote better recovery outcomes.
- ◇ The community focus of Recovery-Oriented Systems of Care also incorporates the leadership of people in recovery at all levels of the system and throughout the community. This recovery leadership helps build the system by utilizing the voice of experience to inform and drive decisions. Recovery leaders provide hope to individuals working to achieve recovery. Recovery leaders also break down barriers in the community by enhancing and developing a better understanding of recovery.